SACRAMENTO PARANORMAL HELP (916) 203-7503

The latest volume of this fascinating series tackles a huge range of intriguing mysteries. Paul Dale Roberts holds an Associate Degree in Criminology and served in the US Army's Criminal Investigation Division (CID) - Drug Suppression Team; so is well-qualified as an investigator. Come and join a real life Fox Mulder and his wife, a real life Dana Scully (Deanna Jaxine Stinson) as they open the real-life X-Files." Nick Pope - UK Ministry of Defense UFO Project 1991-1994.

'Paul Dale Roberts is certainly one of the most renowned and respected figures in the field of paranormal research today. However, he is more than just a paranormal investigator, he is a Fortean explorer who ventures into the unknown realms of ghosts, demons, UFOs, and cryptids. With his extensive background in criminology, military intelligence, dancing, and comic books, he brings a unique perspective and a wealth of knowledge to his work. Along with his wife, Deanna Jaxine Stinson, a psychic medium and author, he co-owns Halo Paranormal Investigations and has also written a number of books and articles about his explorations into the weird and strange. " - Tim R. Swartz, Paranormal Researcher and Author // Amazon.com: Tim R. Swartz: books, biography, latest update

"Together with his lovely wife and companion Deanna Jaxine Stinson, the Demon Warrior battles the forces of fear, ignorance, and superstition to learn the truth behind tales of ghosts, monsters, and alien invaders. Who knows what mysteries lurk in the haunted houses, places and minds of California? The Demon Warrior knows." Legendary Paranormal Author, Brad Steiger

"Paul Dale Roberts, the man, the myth, the legend." Lori Schulz, Radio Hostess of the Dirt - 1410 KMYC

"With over 2000 investigations under his belt, some of his investigations are stuff of legend. Roberts is prolific with his paranormal adventures and writing, along with his beautiful wife Deanna Jaxine Stinson. He is an icon in the paranormal industry, a true phenom." Paul and Deanna just may become the next Ed & Lorraine Warren!" Mark Greer - Sacramento Scenic Photographer.

DEDICATED TO SUZANNE SOMERS. SHE IS TRULY LOVED BY MANY.

Suzanne Somers died. I can't believe it. Suzanne was from one of my hometowns. The hometown of San Bruno. We had a nice conversation in Seoul, Korea, while she was doing a show for the troops. Nicest lady. We used to shop at the same stores and her parents lived down the street from my parents. This truly breaks my heart. She was such a wonderful person. Suzanne you are loved by many. Sending love to you in heaven. God bless.

Cone Head Shadow Man

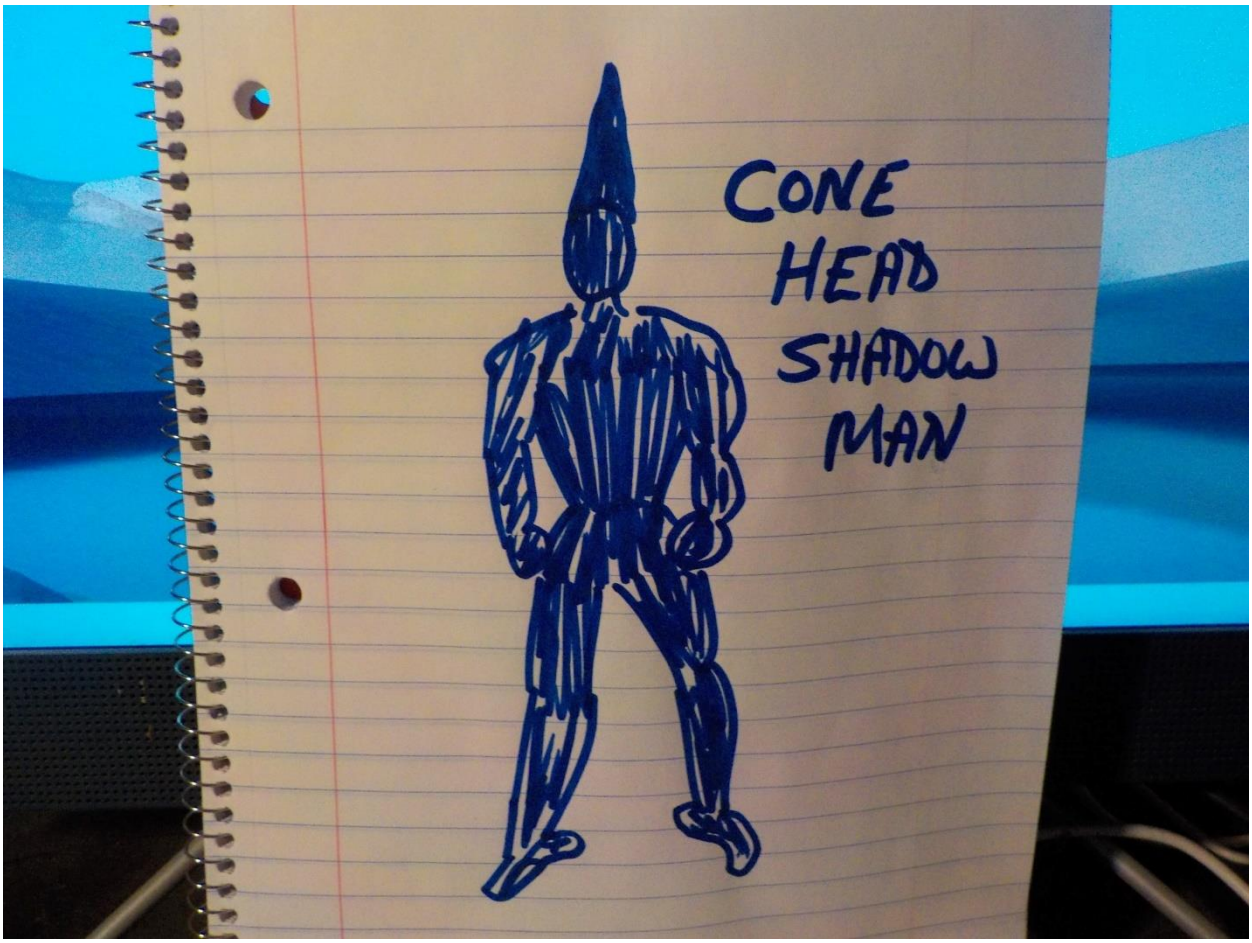
Paul Dale Roberts, HPI's Esoteric Detective
Sacramento Paranormal Investigations
Halo Paranormal Investigations
www.facebook.com/groups/770718758021419 (Our Facebook Link)
Email: jazmaonline@gmail.com
Sacramento Paranormal Haunted Hotline: 916 203 7503
www.lulu.com/spotlight/httpswwwlulucomspotlightjazmapika1
jazmaonline.boards.net/thread/2495/paul-dale-roberts-biography-revised

Recently, I placed a photo up on Facebook of a full body apparition I caught on camera, while investigating the Madison Mansion in Esparto, CA. Madison Mansion was a very haunted abandoned home that was filled with Satanic graffiti. We captured a lot of EVPs at this investigation and on the side of the house, I captured a full body apparition and next to it, were two glowing eyes. A few years back, Madison Mansion was bulldozed to the ground, so other paranormal enthusiasts would stop visiting the site.

When I posted the photo on Facebook, Emily of Ohio contacted me and said that she is haunted by

three shadow people. One of the shadow people resembles the entity I captured on camera from Madison Mansion. Emily also says that she has researched "shadow people" and knows about the hooded type of shadow person and the shadow person that wears a fedora type of hat, known at the Hat Man. Emily says that she is not haunted by the Hat Man or the Hooded Man, but is haunted by a Shadow Man that has a cone shaped hat and he is usually with 2 shadow people that do not wear hats. Emily wanted to know if I knew anything about a shadow person wearing a cone shaped hat. My answer. No, I have not, this is the first time ever hearing about a shadow person wearing a cone shaped hat. I drew a picture of the description she gave me of the Cone Head Shadow Man and Emily says that my drawing is pretty much accurate.

Emily says that the shadow people will peek through her windows and there has been times where they materialize out of the walls. They have been seen floating or gliding around the house. They will stop and just stare at her and her husband, while they are watching TV. On one night, they brought with them a "shadow spider" that was crawling on the ceiling. The shadow spider was the size of a basketball with 6 legs. They had one scary incident in which a shadow person came out of the closet and with lightning speed dashed into a bedroom. Emily says that the shadow people that haunt her home, have not disturbed anything in the house. Emily and her husband have not been touched or assaulted by the shadow people. Emily says that the 2 shadow people that have no hats on, seem to follow the Cone Head Shadow Man. Emily believes that the Cone Head Shadow Man is the leader. Emily also feels that the Shadow People are studying her and her husband.



Emily asked what she can do to get rid of these entities, just in case they are demonic. I, for one, do not believe that Shadow People are demonic. I do believe that they are interdimensional type of entities and in most cases, they seem to observe humans. I have heard a few cases in which they have caused harm to the people they haunt. Those cases are rare, and it could be a demonic entity that those victims are seeing and not Shadow People. I provided Emily with the following information on how to self-bless her home.

SELF-BLESSING YOUR HOME:
Go to your local dollar tree store and purchase some angel figurines. Take these angel figurines and dip them into holy water and say a protection prayer to each angel. The prayer should be as simple as this……"I ask God to protect me through this angel". Place the angel figurines around all openings of your home, like windows and doorways. After you have did this, step in the middle of your house and say a loud and meaningful protection prayer and ask God and his angels to protect you through the angel figurines around the house. Ask the angels to close any portal in your home and vanquish any negative energy or spirits from your home!

SPECIAL NOTE: I have also connected Emily to a paranormal investigative group in Ohio. Emily will stay in touch with me and give me updates on her paranormal situation.

Paul Dale Roberts Biography (REVISED (8/21/2023)
Paul Dale Roberts, HPI's Esoteric Detective
Sacramento Paranormal Investigations
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www.facebook.com/groups/770718758021419 (Our Facebook Link)
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www.lulu.com/spotlight/httpswwwlulucomspotlightjazmapika1
jazmaonline.boards.net/thread/2495/paul-dale-roberts-biography-revised
Paul Dale Roberts IMDB
www.imdb.com/name/nm5598153/

Roberts was born on January 17, 1955 in Fresno, California. He has an Associate Degree in Criminology. In 1977, Roberts for one year was a firefighter with the California Division of Forestry. Firefighting was not his cup of tea.

Military Career:
Roberts from 1973 to 1976 served with the US Army's D.S.T. (Drug Suppression Team) C.I.D. (Criminal Investigation Division) in Germany, working undercover narcotics. From 1979 to 1986 Roberts served in the US Army's Military Intelligence. Working at PIC-K (Photo Interpretation Center in Korea). Roberts held a Top Secret S.B.I. (Special Background Investigation) clearance as an Intelligence Analyst, later receiving an H-Identifier with OPFOR (Opposing Forces), where Roberts playing a character that is a Russian Defector named Corporal Dowbowski. Roberts/Dowbowski wore a Soviet uniform, ski mask and trained elite troops like US Army's Special Forces, 101st Airborne, Air Force Special Operations, Navy Seals, Army Rangers, Delta Force, 82nd 'Screaming Eagles' Airborne, Marine Recon the Soviet Threat and W.E.F.T. (Wings, Engine, Fuselage, Tail section) in identifying Soviet aircraft.

Dancing Career:
Roberts from 1976 to 1979 became involved in professional dancing and was a dance instructor for

Arthur Murrays. Roberts danced with Jeff Kutache's Dancing Machine in Lake Tahoe and Reno. Roberts appeared as an extra in movies like Rollerboogie and Skatetown USA. He later captured the Guinness Book of World Records for disco dancing 205 hours, in which Ripley's Believe it or Not featured him in a cartoon, which can be seen here: www.centralhome.com/ballroomcountry/disco-days.htm

Comic Book Career:
Roberts became involved in reviewing comic books and interviewing comic book creators for Jazma Online! Roberts published one comic book entitled The Legendary Dark Silhouette. Roberts also published a series of fanzines called the Peoples' Comic Book Newsletter (PCBN). The fanzines are located at many university libraries, but only Bowling Green University - Special Collections has every single issue in their collections. I personally presented Stan Lee the PCBN award at the 1998 San Diego International Comic Con. My most significant interview was with William Shatner, in regard to his created independent comic books.

Paranormal Investigator Career:
Roberts is the co-owner of HPI (Halo Paranormal Investigations). Roberts' wife Deanna Jaxine Stinson is the other co-owner of HPI.

Documentaries
Roberts in 2004 became a paranormal investigator and with over 2,500 investigations under his belt and over a thousand paranormal articles he has written lead him to many documentaries. From History Channel's Monsterquest (Mothman episode) to Conversations of a Serial Killer by Two Four Productions to Showtime's Penn & Teller Bullshxt - Mayan Prophesy of 2012 to 3 Biography Channel's My Ghost Stories to Mysteries of Angels and Demons by Ives Street Entertainment to Michael Jackson: You are not Alone/In Search of his Spirit, that can be seen here:
www.youtube.com/watch?v=ZMdqnwMFGhU
To see the full list of documentaries, stop by here: www.imdb.com/name/nm5598153/
Roberts and his wife Deanna have been the location scouts for several episodes of Travel Channel's Ghost Adventures.

Roberts and his wife Deanna Jaxine Stinson appeared on E! Chelsea Lately (May 8, 2014 Episode) and was featured on Perez Hilton Hollywood Website: perezhilton.com/tag/deanna_stinson/ and UPI (United Press International) picked up on the story: www.upi.com/Odd_News/2014/05/01/Sacramento-woman-claims-dead-boyfriends-ghost-is-haunting-her-car/1061398944390/ The story about the haunted car was also featured in the Daily Mail.

Of course, the story was misconstrued, where a few news agencies thought Deanna and I were already married and invented this ghost story, they did not realize that Deanna came to HPI as a client first, then we dated, fell in love and got married. Deanna Jaxine Stinson - Psychic Medium and Paul Dale Roberts completed two more documentaries. One is for the Disney Channel - Maker Studios - seen here: www.youtube.com/watch?v=M7TDJb2k-sA The other is for Asylum Studios - Case Closed with AJ Benza - The Poltergeist Movie Curse Episode.

Roberts is also a Fortean investigator in which he investigates ALL things paranormal from Mothman, Chupacabra, UFOs, Crop Circles, Ghosts, Poltergeists, Demons and more. Significant investigations by Roberts/HPI are the Skinwalker Ranch in Utah, Area 51, Cecil Hotel, Wolf Creek Inn - Oregon, Lauren Willet - Charles Manson Clan Murder Case in Stockton, looking for Natalee Holloway's ghost in Aruba, UFOs and Bigfoot at Mount Shasta, UFOs and USOs at Monterey Bay. Investigations in Jamaica,

Venezuela, Dominican Republic, Haiti, Panama, Prague - Czechoslovakia; Nicaragua, Costa Rica. In 2013, Roberts investigated Guatemala, Belize, El Salvadore. In 2014, Roberts investigated the Headless Knight's Templar in Prague, Czechoslovakia. Special Note: When Roberts investigated Area 51, George Knapp, Investigative Journalist & Ufologist tweeted that HPI will be investigating Area 51. Roberts once tried to convince Travis Walton – American Forestry Worker over the phone, to attend an HPI event and speak at the event. Travis was not able to do it, because of other commitments. Roberts has communicated with paranormal icons such as Ken Gerhard, Jaime Maussan, Tony Harris of "The Proof is Out There" and Whitley Strieber on various HPI cases.

Writing Career:
Roberts writes community stories and does interviews. Roberts is a former journalist for the Sacramento Press, former columnist for Haunted Times Magazine, has written small blurbs for Newsweek, Time, National Geographic Traveler and People Magazine. Roberts is a former columnist for Vamperotica by www.vamperatica.com/Brainstorm Comics; Writer's Digest; WebBound; Just Comics and More by Genesis Publications. Roberts was at one time a regular columnist for the now defunct Ceri Clark's - All Destiny Magazine. Roberts is currently a journalist for Before its News beforeitsnews.com/ - Phenomena Magazine UK www.phenomenamagazine.co.uk/ Paranormal Underground Magazine; Outer Limits Magazine and Costa Rican Times. All books connected to Roberts can be found here: www.lulu.com/spotlight/jazmapika1?searchTerms=&pageOffset=3
and here:
www.lulu.com/spotlight/httpswwwlulucomspotlightjazmapika1

Roberts has many books published, his most significant books are: Ghosts, UFOs, Monsters and High Strangeness, HPI Chronicles Vol II - Ghost Stories & UFOs and HPI Chronicles Vol III - Beyond the Norm. Roberts also has a comic book out called The Legendary Dark Silhouette.

Roberts articles are featured in the late legendary Brad Steiger's books; Tim Swartz books; Nick Redfern books and the late Timothy Green Beckley's books. You can find Roberts' biography at Amazon dot com, located here: www.amazon.com/Paul-Dale-Roberts/e/B004M45Z2S

Hobbies and Recreational Activities:
Roberts is an international traveler and has been to over 59 countries and territories. He has taken lessons flying a helicopter and Cessna airplane. He has taken lessons in skydiving. He has rappelled Moaning Caverns, rode on a hot air balloon along Napa Valley, flew in a glider along Calistoga. He has Para-sailed at Coral Island – Pattaya, Thailand.

PERSONAL LIFE:
Roberts in 2014, married Deanna Jaxine Stinson - Psychic Medium. Deanna is a paranormal investigator and an author of many metaphysical / spiritual / paranormal books.
Roberts has a daughter named Illi Anna Vega that lives in Arizona with her 5 children and 1 grandchild. My daughter Illi Anna Vega is a former Tucson police officer and former correctional officer at two prisons, they are Arizona State Prison Complex - Phoenix and Arizona State Prison Complex - Tucson. Roberts has 2 dogs. Story, an Aushire – (1/2 Australian Terrier & ½ Yorkshire Terrier) and Champagne a Yorkchi (1/2 Yorkshire Terrier and ½ Chihuahua), but I believe Champagne is a full-blooded Chihuahua. The Animal Shelter tried to convince me he was a Yorkchi. I personally don't believe it and I love my two dogs to the max! We also have 5 tarantulas. Deanna and I, also feed the wildlife that stop by our backyard, we feed the squirrels peanut butter sandwiches. The feral cats – raccoons – opossums – woodrats all get either dog food or cat food at night.

Nicknames: Paul Dale Roberts is also known as The Demon Warrior, since many of his cases are demonic. Deanna Jaxine Stinson is known as Wish Fire or Saint Gothic.

Haunted Erasmus Castle
Paul Dale Roberts, HPI's Esoteric Detective
Sacramento Paranormal Investigations
Halo Paranormal Investigations

My stepmother Cindy Anderson on her own visited South Africa. One of the places that she stopped at was the haunted Erasmus Castle. Cindy didn't encounter any ghosts, but she heard many ghost stories about this castle. Africans refer the castle as "Erasmus Kasteel". The castle is located on a hill in the Erasmuskloof, Pretoria, South Africa. The locals also have a nickname for this castle, they call it "Die Spookhuis", which basically means "The Haunted House".

How this castle came about is that Jochemus Johannes Petrus Erasmus (1863 to 1940) built this magnificent castle, so he can overlook his land. Construction of this house began in 1892 and it was completed by 1903. Jochemus was very fond of his new castle and lived there with his wife and children. A Dutch architect named Frans van der Ben designed this castle. There is a family cemetery on the property. The castle and the surrounding land has become a historical site.

There is a cave on the property and ancient artifacts that date back to 150,000 years have been found at the cave and surrounding land. Beads from Phoenicia traders have been found in the cave. There is even a house built from the Voortrekker period (1836) that is located on the property. One of the ghosts on the property is the ghost of a little girl named Enslin who died in 1917, at the age of three. The locals call this little girl ghost "Little Sunbeam" because that is the name on her gravesite. Little Sunbeam is seen sometimes playing outside of the castle. Cindy said she didn't see any ghosts, but while outside she saw a little red ball move on its own. Cindy also said that the house "creaks" a lot. Cindy says this could be the sounds of an old house, or the sounds of ghosts moving about.

Other ghost stories about the Castle are that the two Erasmus children were locked up in the tower, because they acquired leprosy. There have been sightings of two ghostly children crying in the tower. The locals refer the two children ghosts as "The Leper Children". Another ghost that is seen is "The Victorian Nightgown Lady". The Victorian Nightgown Lady has been seen walking the hallways and then just fades away. She is also sometimes seen in the garden tending to her flowers. One local says that she has a very sad face. The Victorian Nightgown Lady has also been seen looking out of various windows. The tour guide says that many times footsteps are heard, disembodied whispering and lights will turn off and on, on their own. Another ghost that is seen is the "Armchair Ghost", that sits on an armchair and stares into nothingness. Some believe that the Armchair Ghost is Jochemus Johannes Petrus Erasmus.

Cindy says with all of the stories that she has heard about this house, it must be haunted, because the locals and tourists are definitely seeing something that they can't explain.

Haunted Ross Castle: Ireland
Paul Dale Roberts, HPI's Esoteric Detective
Sacramento Paranormal Investigations
Halo Paranormal Investigations

During my visit to Dublin Castle in Ireland, I went on the fairy walk-way, that leads to a cave like entrance underneath Dublin Castle. The tour guide said most people can't walk all the way to the end, because they get a feeling of dread. I walked half-way in and felt a depressing thickness in the confines of this underground dwelling. One of the tourists named Evelyn went in with me and said..."feels creepy huh?" I said: "It sure does, I was hoping to run into a ghost or a fairy (chuckle)." Evelyn says, if you feel this is creepy, you should go to Ross Castle. Evelyn tells me that Ross Castle is a very haunted castle and if I want to see ghosts, Ross Castle is the place to be. Well, being on vacation, I was also on a budget, so I never made it to Ross Castle. Evelyn said she encountered Sabrina the ghost at Ross Castle. She saw this ghost wandering around the edge of the lake.

When I got home, I wanted to know more about Ross Castle and the paranormal activity that is active at this castle. This is what I found out.

Ross Castle was built in the latter half of the 15th century. A local ruling clan called the O'Donoghues Mór (Ross), took control of Ross Castle during the changing of the guard from the Second Desmond Rebellion, which occurred in the 1580s via the MacCarthy Mór. The castle then went to Sir Valentine Browne, who was the ancestor of the Earls of Kenmare. The castle was a stronghold and one of the last castles to surrender to Oliver Cromwell's Roundheads in what was called the Irish Confederate Wars, the used of artillery was a success in bringing down Ross Castle. The artillery was brought in by boat from the River Laune. Lord Muskerry (MacCarthy) held the castle against Edmund Ludlow who had an army of 4,000 foot-soldiers, along with 200 horses. Ludlow's army didn't get the credit for taking down Ross Castle, it was the boat with artillery that broke down the fortification. There was a prophesy that nothing will bring down Ross Castle, except for a warship and that is exactly what happened. The prophesy came true. One of the strangest legends about Ross castle is that O'Donoghue jumped out of a window from one of the high towers with his horse, table and library and now he lives in a great palace at the bottom of the lake.

Now to the ghosts of Ross Castle.

Ross Castle is a majestic fortress that overlooks Lough Sheelin, which is one of Ireland's midland lakes. Ross Castle during its prime, was a fantastic strategic defense fortress. Ross Castle has seen its share of death, from various skirmishes that occurred at this location. A ghost that wanders the castle and surrounding land is Richard Nugent aka the Black Baron. The Black Baron had control of this castle in the year 1536. The Black Baron was known for his cruel mean streak. His mean streak could have an outcome of death for the people that lived on his land. Since the Black Baron had control of his land, he also had the right to take someone's life if they broke a law. Case example: A lady baked a loaf of bread and placed it on her windowsill. A dog happened upon the loaf of bread and made off with it. The lady saw a beggar nearby and yelled "thief, thief!", not knowing it was a stray dog that stole the bread. The Black Baron heard the lady yelling "thief, thief!" and apprehended the beggar immediately. The Black Baron had his men build a gallows on the spot and hung the beggar right there and then. The Black Baron was merciless, it didn't matter that the beggar told him that he did not steal the bread. There were also witnesses who told the Baron that a dog stole the bread. The Black Baron didn't care and hung the beggar anyway. That is why he was known as the Black Baron.

Evelyn says that there are many ghosts at the castle. There have been reports of shadow people. Full body apparitions of English soldiers walking towards the castle and then mysteriously disappearing. Glowing red eyes have been seen in the lake. When fishermen see the red eyes glowing underneath the waters of the lake, their boats start rocking and there have been a couple of times, when fisherman have fell off their boats. Some fishermen believe that the glowing red eyes in the lakes are "Red Eyed Lake Devils". These Red Eyed Lake Devils main purpose is to drown their victims and take their souls. Evelyn has claimed to have seen the ghost of Sabrina. The story of Sabrina is that she was the daughter of the Black Baron, the English lord. Sabrina fell in love with Orwin, the son of an O'Reilly Chiefton. The Black Baron was sworn enemies with the O'Reilly Chiefton and his clan. Sabrina had to secretly go see her boyfriend Orwin. If Orwin was caught with Sabrina, he could be executed by the Black Baron. Sabrina and Orwin secretly carried on their affair and on one night, they would meet on a boat at the lake. During their time on the boat, a storm came in and Orwin fell off the boat and was swept away and eventually drowned. Sabrina was so upset, she locked herself in one of the high towers of the castle and died of starvation. To this day, Sabrina is seen wandering around by the lake, looking

for her lost lover. Evelyn has seen Sabrina with her own eyes and knows that the ghost of Sabrina is very real.

Top Hat Man
Paul Dale Roberts, HPI's Esoteric Detective
Sacramento Paranormal Investigations
Halo Paranormal Investigations

Below is an email I received from Sam G. Lyon aka Wrangler Dave.

"So, it's a clear fall evening in North San Juan, California. The year is 1993. I am with my dad on our draft horse ranch, which is 10 square miles in size up on a ridge by an old house. We were packing up to leave that house. we got into a 1976 primer gray colored Chevy Suburban. We headed down a dirt road named Tyler Foot Road, when we saw an elderly African American gentleman walking alongside the road. He had on a top hat. He was also wearing an old gray suit and using an umbrella as a cane.

The area that my dad pulled over at, was an area that was approximately 6 acres in size of nothing but open field. My dad asked the man with the top hat..."what are you doing on this private property?" The man with the top hat says: "I'm enjoying the cool night air, while admiring the stars. My dad told him that he needed to keep walking down the road, because he was trespassing and when he got to the cattle guard about 3 miles down the road he would be off the property. Then we started to drive away, and we made it about 150 yards down the road, my dad decided to stop to see if the man with the top hat was okay. We both looked for the man and he had completely vanished. There was nothing but open field in all directions, there was no way an elderly man like this could just vanish like that. We were shocked and couldn't believe that a person could just disappear like that. We looked at each other and realized that the man in the top hat, had to be a ghost. My dad did some researching and discovered that this man with a top hat once owned the house, that we just left. He owned the house back in the 1880s and also died in that house. The clothes that he was wearing, including the top hat, were the clothes that he was buried in.

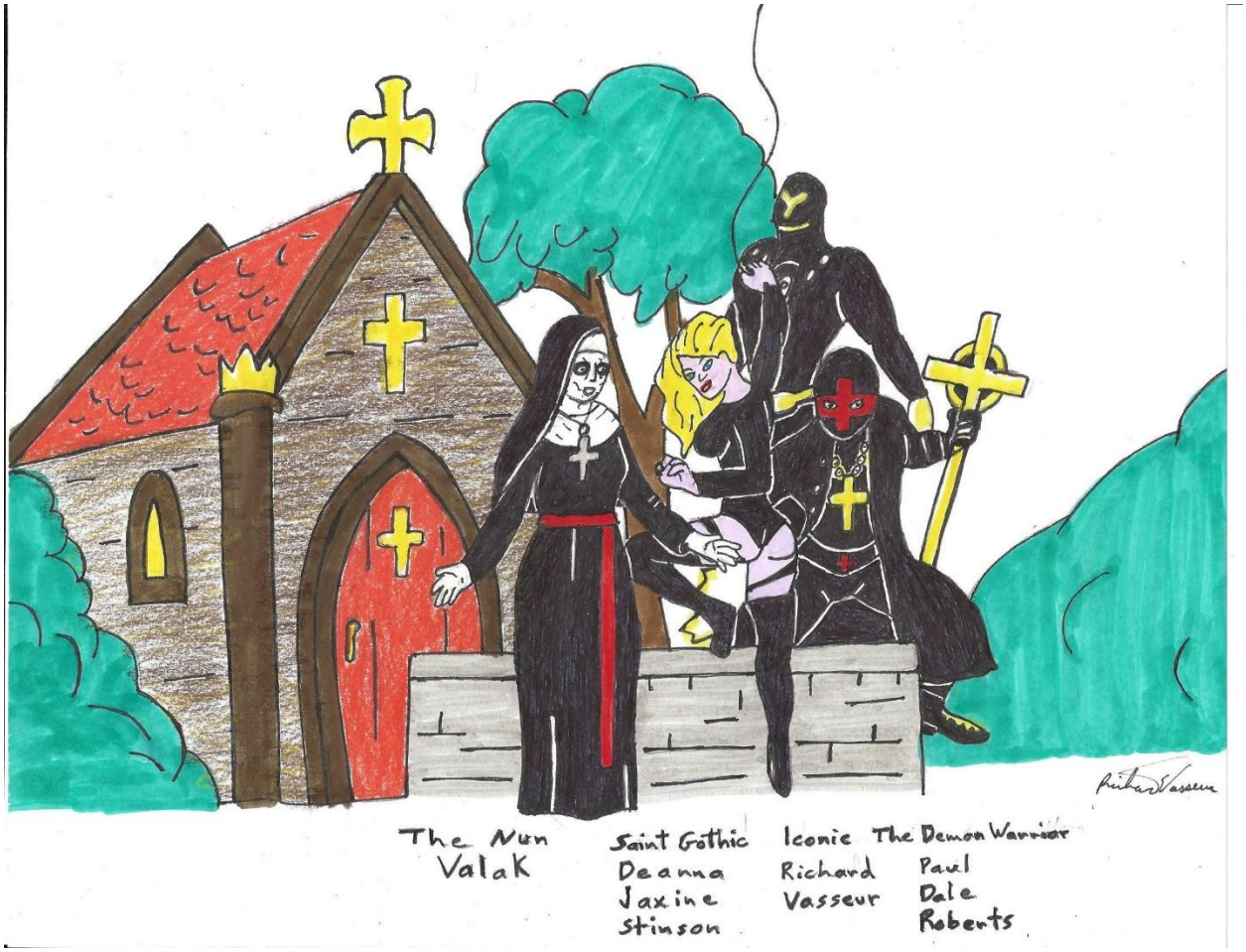
Sincerely,

Sam G. Lyon aka Wrangler Dave
wranglerdave27@gmail.com

MY THOUGHTS
What Wrangler Dave is talking about, is pretty much commonplace at many haunted sites and locations. When I was stationed in Germany, I visited the very haunted Rheinfels Castle. At this castle, ghost hunting

enthusiasts obtain a smorgasbord of EVPs. There are reports of shadow people and even reports of sightings of full-bodied apparitions. Rheinfels Castle has had its share of deadly tragedies, and it was basically destroyed by French troops in 1797. A full body apparition that has been seen by locals and tourists is "Blue Coat". Blue Coat is an apparition that will verbally interact with you. Blue Coat got his name because he wears a German style military blue coat. He also wears a Chapeau bras hat. When I visited this castle, a local told me that Blue Coat approached him and said: "in deckung gehen" which means "to take cover". I asked the local if Blue Coat ever says anything else. The local says that there have been locals and tourists that claim Blue Coat will discuss various topics when asked. He has been known to say "guter tag", which means "good day". When tourists and locals make contact with Blue Coat, they do not realize that Blue Coat is a ghost. They think he is an actor playing the part of a German soldier. When Blue Coat fades away into nothingness, is when they realize that Blue Coat is an actual ghost.

Next Drawing: The Nun from the Conjuring Universe goes up against The Demon Warrior aka Paul Dale Roberts; Saint Gothic aka Deanna Jaxine Stinson and Iconic aka Richard Vasseur. Artwork by Richard Vasseur. Concept by Paul Dale Roberts.



Haunted USS Nimitz
Paul Dale Roberts, HPI's Esoteric Detective
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Before I get into the haunting activity of the USS Nimitz. Let's look at a bit of history of the USS Nimitz. The USS Nimitz is an aircraft carrier for the United States Navy. The USS Nimitz is the lead ship for her class. The USS Nimitz is not only an aircraft carrier, but she is an attack nuclear powered warship. She serves in multiple missions. The ship is named after WWII Pacific Fleet Commander Chester W. Nimitz. Nimitz was the Navy's third fleet admiral.

The USS Nimitz is a ship with a dark past and I learned a lot about this ship from my brother-in-law Robert Mitchell who served on this ship. Robert has many fond memories of stopping at various ports in Western Africa and Europe. The USS Nimitz is a very famous ship and has been in various movies from The Final Countdown (1980) to Transformers (2007) and Battleship (2012). Robert is proud to have served with the US Navy and conducting adventurous assignments on his time on the USS Nimitz.

The USS Nimitz has a dark past. Not too many people knew that at one time a serial killer was amongst its ranks. Serial killer John Eric Armstrong served on the USS Nimitz. John killed 5 prostitutes in Detroit, and he killed 2 woman and 1 transexual in Seattle. It is suspected that he may have killed other women around the world during his port stops on the USS Nimitz. John served on the USS Nimitz from 1993 to 1999. Another dark

chapter on the USS Nimitz is when 14 servicemen were killed, and 48 servicemen were injured when a plane crashed on the aircraft carrier USS Nimitz. With the 14 servicemen that were killed on the USS Nimitz, it appears that the residual energy from this incident lives on. Various Navy personnel have seen moving shadow people, ghostly apparitions of their fallen comrades, even a spectral plane in the sky. One Navy personnel that served on the USS Nimitz says that when the USS Nimitz is decommissioned, it will yield its paranormal secrets to many paranormal enthusiasts that will one day investigate this ship. Just like how the USS Hornet and Queen Mary are haunted, the USS Nimitz is also very haunted. There has also been reports of ghostly apparitions of the servicemen that were killed, their faces will appear on reflective surfaces throughout the ship.

Special Note. I investigated the USS Hornet. Paul Dale Roberts

The USS Nimitz was also involved with the famous sighting of the Tic Tac UFO. A Navy fighter jet from the nuclear aircraft carrier USS Nimitz in 2004, tracked the incredible maneuvering Tic Tac UFO and it brought the realization that UFOs are real. The government took notice. The Tic Tac UFO was filmed by a reliable source. UFOs have been seen around the USS Nimitz in the past and I feel that UFOs/UAP are attracted to the USS Nimitz, because of its nuclear capability. Sightings of UFOs/UAPs will continue with the USS Nimitz, until the day comes when it is decommissioned.

Haunted Sites: Almourol Castle, Portugal & Sumela Monastery, Turkey
Paul Dale Roberts, HPI's Esoteric Detective
Sacramento Paranormal Investigations
Halo Paranormal Investigations

ALMOUROL CASTLE, PORTUGAL

When I was visiting Vilar Formoso, Portugal, I met many tourists at a local cafe. I was told that Almourol Castle in Portugal was one of the most haunted castles in Portugal. Unfortunately, I did not visit this castle, because of time constraints, but I did learn a lot about this castle from the tourists. Here's what I know. They say that this castle is haunted by the Almourol Princess. The story goes that during the 9th or 10th century, the ruler of this castle was an Emir named Almorolon. Almorolon's daughter fell in love with a Knight Templar. This was forbidden by Almorolon, but yet his daughter fell deeply in love and was sneaking the Knight into the castle every night. She showed her lover knight a secret passage into the castle. The Knight now knowing about the secret passage told the other knights. The knights came through the secret passage and took over the castle. The Emir and his daughter learning about the betrayal of his daughter's lover, jumped from the highest part of the castle to their deaths. Now in the present time, people see the Almourol Princess roaming the halls of the castle. Some locals have seen the lifeless body of the Emir on the grounds of the castle. When they approach the body, the body disappears. The castle is located next to the Tagus River and fishermen have seen strange moving orbs of light hovering around the castle.

The castle has a lot of history. Historians say that the castle was constructed originally by the Lusitanian Castro. It was later conquered by the Roman Empire in the 1st Century. Other invading forces took over the castle, like the Alans, Visigoths and Andalusian Berbers. Roman artifacts have been found at the castle, confirming that the castle at one time had Roman occupation. Late at night, locals say they hear battle cries, screaming and yelling near the castle, but when they approach the castle, there is no one around and the strange noises will stop. Another ruler of the castle was a warrior named Dom Ramiro. Dom was an evil man and was known to have

killed a Moorish woman and her daughter, because they would not share any water with him. A page, who was the son of the murdered Moorish woman sought revenge and poisoned Dom Ramiro's wife. When Dom was out to battle, Beatrice, his daughter fell in love with this page. Dom was furious when he learned about this love tryst. Dom forbid their marriage. Dom was secretly planning to murder this page. He would rather see his daughter marry a knight. Beatrice didn't want to marry the knight and ran off with the page never to be seen again. The strange thing is, tourists and locals claim that they see the ghost of Dom Ramiro kneeling in front of the page and his daughter, begging for forgiveness. The locals feel the reason why they see this strange manifestation is that Dom was killed by his own daughter and her lover, the page. Now this scene of Dom on his knees pleading for his life plays out over and over again. Most likely residual energy.

SUMELA MONASTERY, TURKEY

It is not known when the monastery was founded, but the Turkish Ministry of Culture and Tourism places the date around AD 386, during the reign of Emperor Theodosius I (375–395). According to William Miller, two Athenian monks named Barnabas and Sophronios founded the monastery. During its long history, the monastery fell into ruin several times and was restored by various emperors. During the 6th century, it was restored and enlarged by the Byzantine General Belisarius at the orders of Emperor Justinian. My former business partner Jeff Scott Clifford visited Turkey and one of his stops was at the majestic Sumela Monastery that was constructed right into a cliff.

The paranormal activity at this monastery according to Jeff is very benevolent. Locals and tourists have claimed that they have seen "light beings" or angels near the monastery. Ghostly monks have been seen peering out from the windows. The tour guide told Jeff that the monastery was dedicated to the Virgin Mary. The tour guide says that several people have witnessed the appearance of the Virgin Mary at this monastery. The Virgin Mary appears as a very bright figure, wearing a long flowing white robe. At times she will appear, alongside

three angelic type of beings. Witnesses to the Virgin Mary or to angelic beings, will feel a moment of euphoria, that will last for several minutes.

NEXT DRAWING: Artwork by Richard Vasseur. Concept by Paul Dale Roberts. Walt Wallet is from the old Gasoline Alley comic strip.

Haunted Merwin F. Rose Park
Paul Dale Roberts, HPI's Esoteric Detective
Sacramento Paranormal Investigations
Halo Paranormal Investigations

MY BOOKS:
www.lulu.com/spotlight/httpswwwlulucomspotlightjazmapika1
MY BIO:
jazmaonline.boards.net/thread/2495/paul-dale-roberts-biography-revised

I wasn't going to write this article, because this park is very close to my house, and I also want to give respect to the deceased and their families. So, therefore, I will not use the real names of the deceased and I will not use the real name of one of the witnesses. Rose Park is actually a very small park. I never could understand why this park was so popular. So many families and their kids come to this park and there are so many other parks that are much larger and prettier. Sometime in the late 90s and early 2000s, police were on a high-speed chase. The

car that they were chasing parked on Moonlight Way and the passenger jumped out and hopped over my backyard fence. The suspect then climbed over my backyard brick wall and onto the street behind my house, which is Frye Creek. The police were closing in on the suspect and I was awakened at 3 a.m. with 3 police officers with flashlights in my backyard. The suspect ran over to Merwin F. Rose Park and then into my neighbor's backyard who lives next to the park.

The police confronted the suspect in my neighbor's backyard. The suspect holding a ceramic vase, threw the vase at the officer. The officer then opened fire and shot the suspect dead. This suspect was familiar with this area, because he would actually hang out at this park. That was the first death at this park. Wish Fire, our psychic medium, not knowing anything about this case, walked past this park and saw the ghost of the suspect. I was amazed at Wish Fire's description, because it was spot on, in describing the suspect that was shot dead in my neighbor's backyard. The reason why the police were chasing the suspect and his friend, is because they were in a stolen vehicle.

The next death at this park happened on April 4, 2022, at 2:48 p.m. Police officers responded to Merwin F. Rose Park for a vehicle versus pedestrian collision. The preliminary investigation revealed a 67-year-old woman was struck by a vehicle that veered off the road, while she was walking on the sidewalk next to Rose Park on Frye Creek Drive, just south of Deepdale Way. After hitting the woman, the vehicle drove through the park and then drove off. The vehicle and its driver were quickly located and detained a short distance away by responding officers. The location where the pedestrian was hit by the vehicle, there is now a memorial on a tree, filled with flowers. Wish Fire says she has seen the 67-year old woman walking all around the park. I tried to get some EVPs of the elderly woman and was unsuccessful, but to my surprise, I captured an EVP of a man saying "back off!" Could this be from the suspect that was shot in my neighbor's back yard? Then I discovered that a neighbor walking her dogs, was sitting in the grass at Rose Park and felt a gentle woman's hand on her shoulder. This neighbor was sitting next to the memorial. When this neighbor told me that story, it only confirms what Wish Fire was saying, the elderly woman that was hit by a vehicle, still haunts this park.

The 7 Types of Vampires

Paul Dale Roberts, HPI's Esoteric Detective
Sacramento Paranormal Investigations
Halo Paranormal Investigations
jazmaonline.boards.net/
Email: jazmaonline@gmail.com
Sacramento Paranormal Haunted Hotline: 916 203 7503

MY BOOKS:
www.lulu.com/spotlight/httpswwwlulucomspotlightjazmapika1

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We are all familiar with your common blood vampires, especially if you watch movies or TV shows like The Last Voyage of Demeter; Twilight; Blade; Renfield; Buffy the Vampire Slayer or Reginald the Vampire. But did you know there are other type of vampires? Vampires that you have most likely met in real life and didn't know it. Let's talk about some of these vampires.

Blood Vampires
These are the most known type of vampires. They are usually "undead" and sustain their life force by drinking the blood of their victims. You have seen "blood vampires" in movies like the Lost Boys and Fright Night. Blood empowers the vampires, which gives them immortal life, gives them strength. Blood also allows them to have other vampiric powers, such as shapeshifting, the ability to fly and allowing them to be almost indestructible. You can combat them with wooden stakes.

Emotional Vampires
These vampires are all around us. They could be your wife, girlfriend husband, boyfriend, your boss! It's a person that nags, nitpicks you on everything, causing you to feel emotionally drained, shut-down. They feed off your energy and that is why you will feel emotionally drained, shut-down. They are infamous for berating you and making you feel like crap. One of their tricks is that they will bring up something you did 10 years ago and start arguing with you about whatever you did 10 years ago.

Psychic Vampires
A psychic vampire is a person that feeds off your life force. Psychic Vampires are very similar to Energy Vampires. Psychic Vampires usually have a strong psychic force resonating from their mind. It is said that a true psychic vampire can touch you or get close to you and absorb your psychic energy. By touching you or getting close to you, they will gain increased energy.

Sexual Vampires
Sexual Vampires acquire their strength from the many sexual conquests that they achieve. Sexual Vampires have nicknames like "Playa"; "Player"; "Playboy" and in various Asian countries, a Sexual Vampire is known as a "Butterfly". The Butterfly nickname originates from what a butterfly does, going from flower to flower. Sexual Vampires seek out many sexual conquests. You may have encountered a Sexual Vampire who enjoys the "one-night stand". The Sexual Vampire will absorb strength from the sexual energy that he or she may acquire from their sexual conquest. Well known Sexual Vampires are: Warren Beatty and Hugh Hefner. Extreme Sexual Vampires are the Incubus and Succubus.

Physical Vampires
Physical Vampires will gain their strength, by watching you succumb to the brutal physical exercises that you are forced to do. Physical Vampires will seek out jobs that will allow them to absorb the physical energy of their victims. The jobs they will seek out are: Drill Sergeants, Coaches, Personal Trainers, etc. When you feel physically drained, fatigued, your Physical Vampire is gaining strength and becoming more powerful as you fall victim to the exercises that your Physical Vampire has placed upon you. They have now absorbed your energy and your energy is completely depleted. Well known Physical Vampires are: R. Lee Ermey (former Drill Sergeant); James Arthur Ray, who convinced his followers to participate in a sweat lodge ceremony that he conducted in Sedona of October 2009. He faced 3 counts of manslaughter. The 3 victims were pushed to their limits in the sweat lodge and died.

Crowd Feeding Vampires
A "Crowd Feeding Vampire" gathers their energy from large crowds. A "Crowd Feeding Vampire" will take on jobs that require this type of vampire to speak in front of a large crowd or perform in front of a large crowd. They will absorb the energy from this highly charged up audience. Some of your rock musicians, rappers, comedians, politicians are "Crowd Feeding Vampires". Your excited energy is what they feed on and it will bring the "Crowd Feeding Vampire" more strength and revitalize their own energy.

Energy Vampires
An Energy Vampire is a person who will talk in a monotone voice about nothing that is relevant. They will continue the conversation and you will find yourself dozing off, or just losing focus. An Energy Vampire will seek out a job like being a teacher, or they will find a leadership job where they can talk to a group of people. They are usually very boring and they get their strength and energy from sucking out the life force from your body. I encountered an Energy Vampire when I was in high school. The Energy Vampire was my history teacher. His class was so boring, I was usually out in 5 minutes sitting in the class. What is amazing is that

I LOVE history, but this teacher made the history class mundane.

Try to avoid these vampires and the only vampire that you may enjoy are your Crowd Feeding Vampires. Crowd Feeding Vampires will become energized and disperse the energy back to their audience causing an energy feeding frenzy that everyone enjoys. But, beware some Crowd Feeding Vampires caused chaos and disaster to happen in the crowd. Case examples: Travis Scott Concert in which people in the audience were crushed in the crowd. Another case is the tragedy that happened on December 6, 1969, Saturday at the Altamont Free Concert.

Location Scouts for the Bodie Hotel location are:
Paul Dale Roberts
Deanna Jaxine Stinson

Re: FILMING INQUIRY – GHOST ADVENTURES
Inbox

Justin West
Attachments
3:13 PM (2 hours ago)
to Jolissa, me

Hey Jolissa,

I just left a quick voicemail on the number you provided. I was interested in pitching the Bodie Hotel for our October dates:

OCT 3-5
OCT 17-19
OCT 31-NOV 2

I know you mentioned above that if we rent all the rooms, we could get them for any October dates once everything is solidified. What would the total costs be so I can mark that up and get the ball rolling on some paranormal claims? Anyone you can send over to me to contact today would be amazing. I think we'd have a decent shot at OCT 3-5, so I'd like to pitch for that, which I know will come up quickly. Let me know what you think and give me a call anytime at 323-762-3083. Thanks so much!

On Sat, Aug 12, 2023 at 10:09 PM Jolissa Hebard wrote:
Hello Justin,

Thank you for reaching out to us at The Bodie Hotel. We are familiar with your show and there is definitely a lot of stories & experiences that have transpired here at the hotel. My wife and I have personally had some over the past 1.5 years we've owned it, while living here.
There are plenty of townsfolk who have also had a lot of experiences that they've shared with us over the years including ex housekeepers and handy men.

We are open through October and once we received a tentative date for the taping, we could possibly clear the schedule of guests during that time if the hotel was rented by the show. We only have 6 rooms that we rent out (we live downstairs in the 3 other rooms and one upstairs is currently unavailable to guests but

would definitely be available to be investigated as it's got a lot of paranormal activity). All rooms would be available for you to use.

There are several other cool & unique paranormal sites in & around the town of Bridgeport including the old jail which is open to the public and was built in 1883 and was in service until 1964. It's right across the street from our hotel. In addition, there are 2 old abandoned gold mines & mills in the surrounding hills about 9 miles away that would be great for content & filming.

We look forward to your correspondence and can be reached by cell at (714) 642-7287 if you wish to speak to us.

Best regards,

Jeff & Jolissa Hebard
The Bodie Hotel

XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX
Updates on the ANNUAL HPI/OTH GHOST/UFO HUNT
Paul Dale Roberts, HPI's Esoteric Detective
Halo Paranormal Investigations

HPI stands for: Halo Paranormal Investigations
OTH stands for: Off-the-Hook Productions

As everyone knows, on October 14, 2023, Saturday, starting at 6pm is our ANNUAL HPI/OTH GHOST/UFO HUNT! On this day is the Annular Solar Eclipse.

Why is it important to have a UFO Hunt during a solar eclipse. Read on:

"There have been reports of UFO sightings during solar eclipses in the past, but there is no scientific evidence to support the claim that UFOs appear during solar eclipses. According to a report by The Mutual UFO Network (MUFON), thousands of people claimed to have seen or filmed UFOs during the solar eclipse that occurred on August 21, 2017. However, it is important to note that these sightings are not scientifically verified and could be attributed to other phenomena."

If we are going to see a UFO or UAP, this is the best time to observe the night skies!

This event is graciously being hosted by the occupant of the home. Her name is Catherine Defazio. Catherine's home is NOT haunted. The creek next to her home (Bannon Creek) is very haunted. We did a ghost hunt at this creek and acquired some EVPs. (Electronic Voice Phenomena). At one time homeless people stayed near the creek and some died at the creek. This is the reason why the creek is haunted. There are no more homeless people at this creek. At one of the bridges, an orb will appear and bounce around. When investigating the creek, please stay on the outside of the creek. DO NOT go down into the creek. Stay safe and have a flashlight ready. For all of our UFO hunters, bring binoculars, telescopes, video cameras, smart phones, cameras, laser lights, night vision goggles. If you only have your pair of eyes, that will do also. If you think you see a UFO/UAP, call it out as soon as possible, so we can get to your location to start filming. YES, we are hoping to catch something. IF YOU SEE A UFO/UAP, PLEASE TRY AND RECORD THE ANOMALY! SAME IF YOU SEE A GHOST!

ACTRESS EVE MAURO WILL BE MONITORING THIS EVENT VIRTUALLY.
OTH (Off-the-Hook) Productions, along with HPI (Halo Paranormal Investigations) is hosting this event.
I am the Round Table Host for OTH. OTH will have Eve Mauro as the Special Host for our October 14, 2023, Saturday event. You have probably seen her on Ugly Betty and CSI: Miami. She has also been on Bones, Dexter, Torchwood and many more shows. Eve Mauro and the OTH group will be monitoring this event virtually LIVE.

MUFON:
Representing MUFON, Dev Rugne - Assistant State Director - MUFON Northern California will be attending.

SACRAMENTO NEWS AND REVIEW
There will be two reporters at this event from the Sacramento News and Review. They are doing a story about this event.

Here is a bullet list of things that will be happening during this event:

* Group Shot: We will be taking a group shot, that will be placed into my next book.

* After the group shot, Catherine and I, will be giving a briefing to the participants.

* Bring mosquito repellant (just in case).

* Bring your favorite dish, we're having a potluck. Bring lots of snacks, an all-night event will make you hungry!

* Since it is so close to Halloween, wear your Halloween costume if you like. Our psychic medium Wish Fire is wearing her costume.

* There will be a free give-away of Halloween items made by Wish Fire.

* Catherine Defazio will be displaying an art gallery, one of her friends is a popular artist. The artwork will be for display and purchasing, if you like.

* Bring your blankets and lounge chairs, so you can relax and look at the night sky.

PLEASE SAVE THIS LINK TO SEE ANY NEW UPDATES. AT THE EVENT, AND IF YOU ARE LOOKING FOR ME,
I WILL BE WEARING A BLACK T-SHIRT WITH GREEN LETTERS THAT READ "HPI".
ON THE BACK OF THE T-SHIRT IS MY NICKNAME: THE DEMON WARRIOR IN RED LETTERS.
YOU WILL MOST LIKELY FIND ME IN MY CAR SLEEPING....JUST KIDDING! SEE YOU ALL THERE! LET'S DO THIS!!

Haunted Cardiff Castle; Castell Coch & Ty Mawr Lighthouse
Paul Dale Roberts, HPI's Esoteric Detective

MY BOOKS:
www.lulu.com/spotlight/httpswwwlulucomspotlightjazmapika1

MY BIO:
jazmaonline.boards.net/thread/2495/paul-dale-roberts-biography-revised

When I visited Cardiff, Wales, I met a few "Roberts". My last name "Roberts" originates from Wales.

So as far as I know, the Roberts that I met in Cardiff, could possibly be my cousins. Wilbert Roberts, who I met at the Potted Pig (restaurant) told me about his ghostly experiences growing up in Cardiff. Here's his story:

CARDIFF CASTLE

Wilbert says when he was 12 years old, he visited Cardiff Castle with his mum. They took a tour of the castle and learned from their tour guide that a woman in a grey skirt, floats around in the stockroom. The Lady in the Grey Skirt has no face and when people happen upon her, they are usually scared by her appearance. In the stockroom, The Lady in the Grey Skirt likes moving things around and rearranging various items. She usually does this around 3 a.m. The Lady in the Grey Skirt will at times appear as "mist". The main dining room doors will open and close on their own. The doors are very heavy and there is no explanation on why the doors on their own will open and close by themselves. The same room also experiences lights flickering and furniture being rearranged. Wilbert felt a woman's soft hands holding his right arm. When Wilbert screamed, the arm touching stopped. Wilbert's mum told Wilbert that it was his imagination. The Second Marquess of Bute is said to appear and walk through the fireplace in the library. He is also said to pass through a six-foot thick wall from his room, through another wall into the chapel in which he died. Lady Sophia Rawdon-Hastings, his wife has also been spotted, appearing to float through the castle grounds at night. And just outside the castle grounds, the apparition of a phantom horse and coaches are known to appear. Young Wilbert said that he heard the trotting of horses, but there were no horses around. His mum also heard the horses trotting along. When Wilbert's mum heard the phantom trots of the horses, she became a believer that Cardiff Castle is haunted.

CASTELL COCH

This magnificent castle was built over an area that housed a 13th century ruin. Locals and tourists have claimed that they have seen a ghost that they call "White Lady". They believe White Lady was around during the ruins and is still around, now that the castle occupies the space where the ruins were once at. Tourists and employees of the castle have seen the White Lady. Legend has it that White Lady was mourning the loss of her son, who drowned in the local pond. White Lady fell into a deep depression and died of a stroke. Other ghosts are "3 Phantom Eagles". The 3 Phantom Eagles protect hidden treasure within the castle. The Cavalier Specter is also another ghost that is seen walking around the castle grounds. Wilbert says when he was 27 years old, he took his date to the castle, and they encountered The Cavalier Specter. The Cavalier Specter walked past Wilbert and his date and gave them a nod. When they turned around the Cavalier Specter was gone!

TY MAWR LIGHTHOUSE

Wilbert said his favorite haunting was at the Ty Mawr Lighthouse on Lighthouse Island aka Llanddwyn Island. It's right off the coast of Anglesey, Wales. It is situated near the southwestern entrance to the Menai Strait, which separates Anglesey from the mainland of North Wales. The lighthouse is a major landmark. This iconic and picturesque structure that has played a vital role in maritime navigation in this area for many years. Ty Mawr Lighthouse was constructed in 1845 to help guide ships safely through the hazardous waters of the Menai Strait. The lighthouse is built of stone and has a distinctive octagonal shape. The ghosts that haunt this lighthouse are the Llanddwyn Island Fisherman. If you encounter this fisherman ghost, he is always soaking wet, even on a day where the sky is blue and there are no clouds, this specter will still appear to be dripping wet. Story has it, that this fisherman may have been fishing near the lighthouse and got hit by a wave and drowned. When people see the fisherman, he is always looking depressed and mumbling to himself. The other ghost is the Lighthouse Lady in Blue. Seen walking along the grounds of the lighthouse, it is believed that she committed suicide. Local lore says that the Lighthouse Lady in Blue was dying of terminal breast cancer, and it brought her so much depression, she decided to end her life early. Wilbert claims he saw the Lighthouse Lady in Blue and that she looked very sad, before disappearing.

Six Haunted Fortresses in Bulgaria
Paul Dale Roberts, HPI's Esoteric Detective
Sacramento Paranormal Investigations
Halo Paranormal Investigations

My sister Sharon and her ex-husband Mike lived in Athens, Greece and Santorini Island for 5 years. Mike was a certified scuba diver for an archaeology team. While in Greece, my sister adventured into neighboring countries like Bulgaria and Turkey. My sister had incredible stories about her life on the Aegean Sea. With her stories, my curiosity perked up when I heard stories from other people about the haunting activities in the country of Bulgaria. I was fortunate to meet Tsretan Chavdar from Bulgaria in my travels to Berlin, Germany. Tsretan nicknamed "Dalga Cossa" meaning "long hair". I would just call him Dalga and he was fine with that and yes, Dalga had long black hair to his waist. Nowadays, he sports short-cropped hair. Dalga gave me a list of 6 haunted fortresses in Bulgaria. Tip of the proverbial hat to Dalga for providing me with this information. Now to Dalga's list:

BELOGRADCHIK FORTRESS

The Belogradchik Fortress is pretty well intact, compared to the other fortresses on this list. This fortress is on the northwest slopes of the Balkan Mountains. The nearest town is Belogradchik, hence the name Belogradchik Fortress. There are spectacular rock formations in and around the fortress. The rock formation are called the Belogradchik Rocks. This fortress was built during the Roman Empire during the 1st and 3rd centuries. When the Romans vacated the fortress, then the Byzantine Empire took over. This occurred in the 7th century. Bulgarian Tsar Ivan Stratsimir enhanced the fortress in the 14th century, making the fortress one of the most beautiful castles of Bulgaria. According to Dalga, this fortress is haunted by ghostly Roman soldiers. At times people will hear marching sounds along the hillside. At times a Griffon Vulture will land on the double towering rock formation to the left of the fortress. When the locals see this bird, it means it will rain the following day, or it will storm.

BABA VIDA FORTRESS

The Ottoman Empire at one time took control of this fortress. The fortress served as a depository for a variety of weapons. The fortress was also used as a prison. Ghostly moaning sounds are sometime heard in the evening coming out of the fortress. Locals believe these are the sounds of prisoners being tortured. In the underground prison, you can see the gruesome weapons of torture and the gallows where many Bulgarians faced their death. Tourists and locals have been scratched in the prison. At times the sounds of cannons can be heard along the fields. A local says he once came upon an apparition of a man laying out in the field with an arrow through his chest. As the local approached the apparition, it simply vanished.

ASSEN'S FORTRESS

This fortress was around during the time of the Thracians during the 5th century BC. After that, the Romans took over. After the Romans the successor was of Byzantine rule under the leadership of Justinian the Great. After Justinian came the Third and Fourth Crusades that took over, and finally in 1230, it became part of Bulgaria. Peace didn't last long as the fortress was seized by the Ottoman empire and the original fortress was destroyed. The paranormal activity at this fortress are numerous sightings of shadow people moving about the fortress and sometimes seen along the land that surrounds the fortress. It is rumored that at one time, a werewolf would howl at the full moon near this fortress. On one particular night when the howling was intense, the following day locals found 3 red deer and 2 golden jackals with their throats cut. It is believed they were killed by the werewolf. The last time the howling was heard was in the late 1970s and no more animals have been found dead with their throats slashed. The locals believe the Assen Werewolf is gone.

MEZEK FORTRESS
This fortress dates back to the 11th century. You will find Thracian tombs. At the tombs locals and tourists have been touched. One local even claims he was pushed. The castle has nine towers, five of which lie at the vulnerable south wall. Locals have taken pictures of this fortress at night and captured strange looking orbs in their pictures. At the south wall strange lights have been seen with the naked eye.

TSAREVETS FORTRESS
Tsarevets is a medieval stronghold located on a hill with the same name in Veliko Tarnovo in northern Bulgaria. This fortress served as the Second Bulgarian Empire's primary fortress and strongest bulwark from 1185 to 1393, housing the royal and the patriarchal palaces. In the throne hall a very distinguished male ghost is seen, wearing a flowing robe. Some locals believe that this ghost in a flowing robe may have been a Bulgarian King. In one of the battle towers a bat like creature was once seen on top of the tower. Locals threw rocks at this creature and the Tsarevets Bat Creature was never seen again.

SHUMEN FORTRESS
In 1444 King Władysław III of Poland (Varnenchik) 1440–1444 of Polish-Hungarian descent attempted to drive the Ottomans out of Europe at the head of a large Christian army but was defeated and killed in the Battle of Varna. Following this battle the fortress was looted and gutted, and the Ottoman rulers eventually abandoned it completely. Locals and tourists say that at times they hear the sounds of battle. Men yelling and screaming and there is no one around.

The Magic of Spirit Lake is a true story. A story of magic, spiritual healing and miracles. This is the true story of Danielle Diva Borozan who received horrifying news that her beloved mother has cancer. Danielle is a third generation psychic medium. Danielle brings love, light and hope within her journey with her mother and her supportive dog Maggie. With the devastating news that her mother has cancer, Danielle was enlightened with the spiritual powers of healing angels that guided Danielle and her protective dog Maggie to the healing properties of Spirit Lake. ZaZa, Danielle's mother who has a strong belief in her daughter follows her to Spirit Lake. When engulfed with the soothing water of the lake, an incredible miracle happens. In this eye-opening book, it will bring hope to people that are desperate for help. There are things in this world that are powerful and unknown. Danielle found this powerful unknown with Spirit Lake. Also, in this book, you will learn about Danielle's great grandmother, who was a healer, priestess and White Witch.
Heavenly magic has been part of Danielle's life, and she has learned to embrace it. Feel the magic of Spirit Lake, a must read!!

Paul Dale Roberts, HPI's Esoteric Detective
Halo Paranormal Investigations

The Grandfather Paradox Solved: Time Travel
Paul Dale Roberts, HPI's Esoteric Detective
Sacramento Paranormal Investigations
Halo Paranormal Investigations

What is the Grandfather Paradox?
The classic analogy for this, is what gives the paradox its name. It is a time traveler journeying back in time and killing their own biological grandfather before they can sire children. This means the time traveler doesn't exist and is unable to travel back in time. The non-existent time traveler is unable to kill his biological grandfather.

With this paradox, nothing can be changed in the past. With time travel it is easier to move forward in time and very difficult to time-travel into the past. I always theorized that if we time-travel into the past, that we would be like ghosts. The people in the past would not be able to see you. You would not be able to touch or move anything. You would not be able to communicate with anyone. You would ONLY be able to observe.

I had a client about 3 years ago who told me they time-traveled 10 years into the past. The client said that they astral projected into the past. The client was unable to interact with anyone from the past. He said that the people in the past were not able to see him. He was not able to touch anything. He was not able to communicate with anyone. The only ability he had in the past was to observe and nothing else. He was a "ghost" in the past.

When my client told me about his time-traveling experience, I believed him, because I always theorized that we would not be able to interact with people from the past. If we cannot interact with people in the past, that means the past is set in stone, nothing can be changed. This solves the "grandfather paradox".

Haunted Joshua Tree National Park
Paul Dale Roberts, HPI's Esoteric Detective
Sacramento Paranormal Investigations
Halo Paranormal Investigations

I have only been to Joshua Tree National Park one time and that was back in 1987. I did a bit of hiking around the Park and I can't tell you how spooked I was walking on one of the trails at this park. During my hike, I heard a strange humming sound that lasted for about 5 minutes. I then heard a strange screeching sound from an unknown animal. During the hike, I heard footsteps behind me and there was no one walking behind me. I felt like there was someone watching me. I had enough and decided to turn around and walk back to my vehicle. I had the creepy feeling that I was going to be confronted by something and wind up missing. I heard about how hikers have vanished off these trails and I didn't want to become one of those statistics. Just recently a 25-year-old hiker named Trammell Evans became missing on 4/30/2023 at the Black Rock Campground. Trammell's body, backpack and personal belongings have just vanished. There is no trace of Trammell. Where did he go? There have been reports of UFO activity at this park, along with sightings of Bigfoot and even a sighting of a Dogman.

At the Lost Horse Mine Trail which is very rugged terrain, it will take you to what's left of an old gold mine. Hikers, campers say that the ghost of a miner who died in a tragic accident haunts this mine. People have seen the miner searching around the area of the mine, looking for his lost gold. Other adventurers that have frequent the old mine say that they hear the sounds of hammers hitting the rocks, the sounds of Tommy Knockers. Joshua Tree National Park was given its name from mid-19th century Mormon immigrants, that crossed over the Colorado River. Legend has it that these pioneers named the tree after the biblical figure Joshua, seeing how the limbs of the tree are outstretched in supplication, guiding the travelers westward. Some visitors of Joshua Tree National Park have seen the specters of these 19th century Mormon immigrants marching along the trails and then vanishing.

A very famous ghost that haunted the Joshua Tree Inn is Gram Parson of The Byrds and The Flying Burrito Brothers. Gram's favorite place to stay was the Joshua Tree Inn. It's a small motel on the side of the highway in the middle of nowhere. The Inn was just as famous before his death as it is now. Musicians and other celebrities loved to stay there during downtimes away from the hubbub of a famed life. Gram had a favorite room in the Inn that he always stayed in. Room number 8. Room 8 is also where he died on September 19, 1973. Gram's last visit to the desert would end up in tragedy. Gram brought his girlfriend Margaret Fisher, his manager Phil Kaufman and Phil's girlfriend Dale McElroy. On this day and night, Gram consumed a large amount of alcohol and took a lot of drugs. It is said he drank six double tequilas and shot up some morphine. A young woman staying at the hotel shot Gram up with morphine and overdosed Gram. Gram's girlfriend tried to revive Gram by placing ice cubes on him, and then forcing him to take a cold shower. Margaret left to get some coffee to revive Gram, and when she returned

Gram was dead. After Gram's death, they scattered his ashes at Cap Rock at Joshua Tree National Park. To cremate Gram, his friends set him on fire at Cap Rock. His ghost is seen at the Inn, around the desert, around Cap Rock and especially his favorite room at the Inn, Room #8. Guests staying in Room #9 heard music coming out of Room #8 and they knew no one was in that room. They believe it was the ghost of Gram playing music in his favorite room.

UFOs or UAPs are constantly seen at Joshua Tree National Park. One of my paranormal investigators and local Ufologist named "Xandean Smith" has been to Joshua Tree National Park investigating UFO sightings at this park and has obtained a lot of footage of strange UAPs seen in the sky. Here is an example of what he has captured, seen in these videos:
www.youtube.com/watch?v=v3qui6tfuaw
www.youtube.com/watch?v=010Uehc1ENk

Sookie Yang a tourist from South Korea says that when he visited Joshua Tree National Park that he saw a UAP (Unidentified Anomalous Phenomena) that was in the shape of a boomerang. The craft had two blue lights on both ends and a white light in the middle. The craft hovered in one spot for a while and then morphed into 3 ball light objects and zipped away. Sookie says he was like a deer in headlights, as he watched the craft. He also says that he heard a voice in his head that said..."do you want to come with us?" Sookie yelled out NO!! Sookie ran to his vehicle as fast as he could and feels if he had said "yes", that he would have disappeared forever.

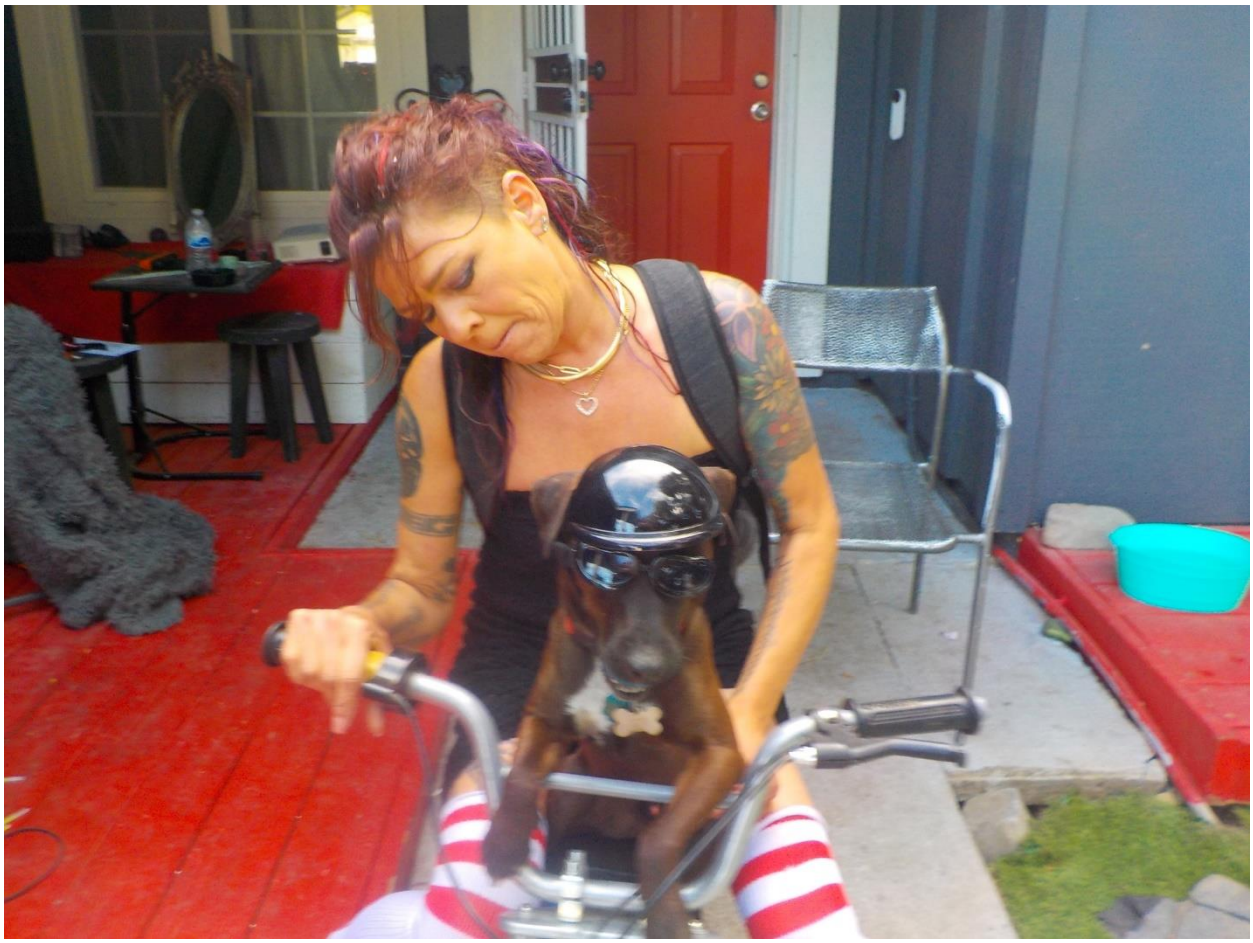
Joshua Tree National Park is a very mysterious park and the high strangeness of the park will continue on forever. My mother Rosita (Rosemarie) Causing / Roberts, a self-proclaimed psychic believes that Joshua Tree National Park has several portals to other dimensions. My mother when visiting this park felt an energy vortex near a trail. She believes that these vortexes open gateways to other dimensions.

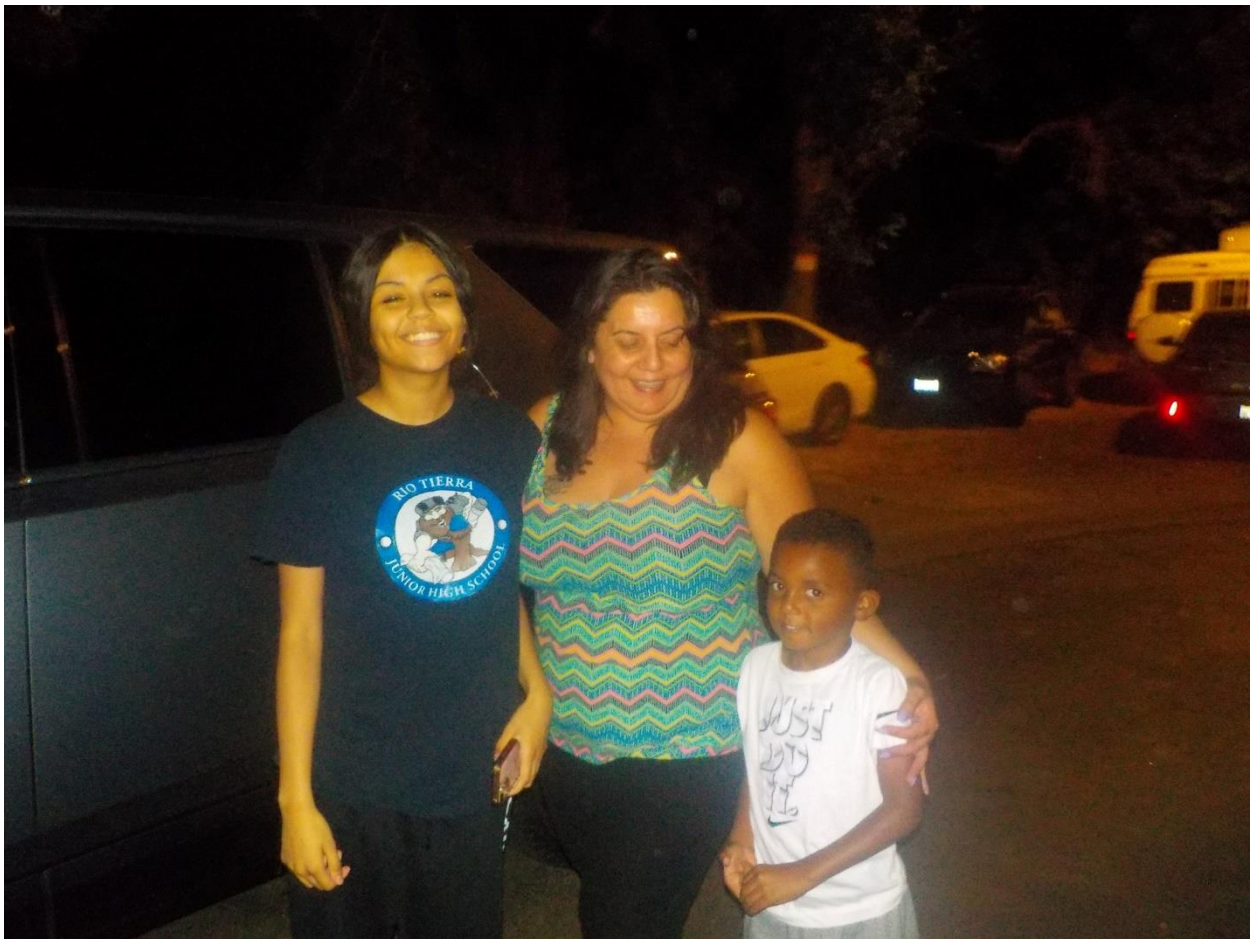
At the HPI/The Sanitarium UFO/Ghost Hunt, we captured 7 EVPs at Bannon Creek, the EVPs were unintelligible. Xandean and I, saw a moving object in the sky (star like UFO) and it blinked out and we did not capture that on film. But Xandean captured two fast moving UFOs on camera.

HPI ANNUAL UFO/GHOST HUNT - ALL NIGHT EVENT!
OPEN TO THE PUBLIC! LET ME KNOW IF YOU PLAN TO ATTEND, SO I CAN ADD YOU ON THE LIST!
DATE OF THE EVENT: OCTOBER 14, 2023, SATURDAY
START TIME FOR THE EVENT: 6 PM / 1800 HOURS
HOMEOWNER IS: CATHERINE MARIE DEFAZIO / CASE #9B168C2132H37
LOCATION OF THIS EVENT: 1K9K MILLVIEW COURT, SACRAMENTO, CA (NATOMAS)
HOST: PAUL DALE ROBERTS
COMMENTS: CATHERINE'S HOME IS RIGHT NEXT TO BANNON CREEK. WE CONDUCTED AN INVESTIGATION AT BANNON CREEK AND CAPTURED SOME EVPS. THE CREEK IS VERY HAUNTED. THERE IS A LARGE AREA TO LAY DOWN YOUR BLANKET, LOUNGE CHAIR, ETC. THIS IS AN ALL-NIGHT EVENT. ALSO, LET'S MAKE THIS A POTLUCK EVENT, BRING YOUR FAVORITE DISH! IF WE ARE GOING TO BE OUT ALL NIGHT, WE'RE GOING TO

BE HUNGRY.
WHAT TO BRING: ANY GHOST HUNTING EQUIPMENT (THERE IS A LOT TO EXPLORE, BANNON CREEK IS CONNECTED TO A LARGE WOODED AREA AND LARGE TREES THAT SURROUND OPEN FIELDS. BRING CAMERAS, VIDEO RECORDERS, BINOCULARS, TELESCOPES, NIGHT VISION GOGGLES FOR THE UFO HUNT!
LET'S DO THIS!!
IF YOU HAVE QUESTIONS, CALL ME AT (916) 203-7503. PAUL
Special Note: Scott T. Anderson and Heather Young of the Sacramento News and Review will be doing a story about this event.
scotta@newsreview.com

THE NEXT PICTURES ARE THE PARANORMAL INVESTIGATORS/UFOLOGISTS WHO WENT TO THE HPI/THE SANITARIUM ANNUAL UFO/GHOST HUNT IN NATOMAS:




RIO TIERRA
JUNIOR HIGH SCHOOL

MTV
MUSIC TELEVISION

BIGFOOT
MOTHMAN
CHUPACABRA
NESSIE

LOBBY

PICTURES ABOVE ARE PHOTOS OF THE HPI UFOLOGISTS/PARANORMAL INVESTIGATORS THAT ATTENDED THE HPI/THE SANITARIUM ANNUAL UFO/GHOST HUNT.

Haunted San Bruno, CA

Paul Dale Roberts, HPI's Esoteric Detective
Sacramento Paranormal Investigations
Halo Paranormal Investigations
jazmaonline.boards.net/
Email: jazmaonline@gmail.com
Sacramento Paranormal Haunted Hotline: 916 203 7503

MY BOOKS:
www.lulu.com/spotlight/httpswwwlulucomspotlightjazmapika1

MY BIO:
jazmaonline.boards.net/thread/2495/paul-dale-roberts-biography-revised

10/15/2023: Today I heard the tragic news about the death of Suzanne Somers. I had the pleasure of meeting Suzanne in Seoul, Korea while she was doing a USO Show. We had a nice discussion about our hometown of San Bruno. Suzanne's parents lived very close to my parents. There were many stores that Suzanne and I, frequented in San Bruno. We discussed sight-seeing at San Bruno Mountain. Suzanne will

be missed by millions. She was an incredible talent and a fantastic lady. She was very family oriented and cared for so many people. She will always be loved and her legacy shall live on forever. This article is dedicated to Suzanne as I step into the paranormal world of San Bruno.

HAUNTED BABY WORLD:
The former Lullaby Lane Baby Store (now Baby World) has been in operation since the 1950s, and is believed to be haunted by a former employee named Jean Brown, who retired from the store in 1977 and died of lung cancer in 1980. Witnesses report unexplained noises, footsteps, moving chairs, flickering lights, and toys that turn on by themselves. Steve Vestneys, a resident of San Bruno went to this store and experienced something that he felt was paranormal in nature. Steve says that a gentle hand touched his shoulder and then both of his hands felt icy cold. Cathy Orange heard disembodied giggling. The giggling sounded like a woman, but there was no one around to make that giggling sound.

HAUNTED SAN BRUNO MOUNTAIN
When I lived in San Bruno, I went to Oceana High School. I would hitchhike down Sharp Park Lane to get to school. When I finally bought a car, a 65' Blue Dodge Coronet Stationwagon, I would enjoy driving down the sharp curves of Sharp Park Lane. I had a lot of enjoyment in this car and the ceiling of my car was decorated with Marvel and DC comic book covers. Yes, I was into comic books in my high school years. I had a mattress in the back and if I wanted to camp out somewhere, like San Bruno Mountain, I was able to crash out in the back of my car. When finally, my car broke down, I had a friend named Willie Reid who bought it for $100.00. Willie was a mechanic and fixed it up enough to get it running on a temporary basis. Willie and 4 of his friends with crash helmets on, took it up San Bruno Mountain and rolled it down the hill. Willie and his buddies had a thrill tumble in my former car and to this day, the rusted station wagon is probably still sitting in some ravine on San Bruno Mountain. San Bruno Mountain is very haunted, here are some of the urban legends about San Bruno Mountain. Just to let you know, Suzanne and I discussed San Bruno Mountain and we have never experienced anything paranormal on the mountain.

SATANIC ORDER OF BRUNO (S.O.B)
In the late 60s and the early 70s, a group of red robed people would be seen congregating on this mountain. It was said they would burn an upside down black cross. There were rumors of human sacrifice being taken place at these rituals, but that was never proven.

FERNANDO RIVERA OR BRUNO DE HECETA SOLDIERS
The Portola Expedition visited San Francisco Bay in 1769 and just 5 years later Fernando Rivera and four soldiers climbed San Bruno Mountain and watched the beautiful sunrise from across the bay. Bruno de Heceta named San Bruno Mountain for Bruno's patron saint. Leslie Matthews and her family were camping at San Bruno Mountain and the fog just rolled in. When the fog dispersed in one area, they could make out what appeared to be 4 Spanish soldiers in red and white garb and blue and white garb. The fog rolled back in and when it dispersed again, the soldiers were gone. The Matthews family researched soldier uniforms and they say that the soldiers uniforms resembled Spanish uniforms from the 1700s. Is it possible that the Matthews saw the Spanish soldiers of Fernando Rivera or Bruno de Heceta?

SAN BRUNO HAIRY MAN
Darrell Johansen says that in 1984 while driving in the area, he saw with 2 of his buddies, a hairy man running through the thickets. The hairy man stood at 5' 8". There was sparse hair all over his body, thick beard and disheveled long hair. The Hairy Man's forearms were thicker than a normal man. The Hairy Man looked at Darrell Johansen and his friends and ran even faster in the thickets until he finally disappeared.

CONNECTION: DALY CITY CHINESE CEMETERY AND SAN BRUNO MOUNTAIN?
The Daly City Chinese Cemetery has many haunted tales. There has been reported cases of grave robbing at the Daly City Chinese Cemetery. It is known that the Chinese will bury valuables with their dead. When grave robbers got wind of this, there were many disturbed graves. A Bigfoot type of creature was once seen at this cemetery. Could this have been the San Bruno Hairy Man? Story goes that a couple drove into the cemetery to make out. While making out a blue light was seen. The woman was scared to death and the man got out of the car to investigate. As he approached, he saw that the blue light had a disc shape to it. The woman claims that her boyfriend was gone for an hour, but the boyfriend does not vouch for the missing time. When he returned to the car, the frightened girl drove out like a bat out of hell. The story goes that a hairy creature jumped on the hood of their vehicle. They left and do not have a desire to ever re-visit the cemetery ever again. Blue lights have been seen coming in and out of San Bruno Mountain. Could those blue lights be UFO activity and was it the same kind of blue light that the couple saw at Daly City Chinese Cemetery?
Special Note: People see orbs floating around the cemetery too. Could these orbs be connected to the San Bruno Mountain Will-o'-the-Wisps?

SAN BRUNO MOUNTAIN HIPPIE HITCHHIKER:
Near the mountain, a hippie blonde woman with peace patches on her jeans is sometimes seen. A few people have stopped for the hitchhiker only for the woman to let out a piercing scream and vanish in front of their eyes.

SAN BRUNO MOUNTAIN WILL-O'-THE-WISP:
At times strange lights are seen on the mountain. They seem to bounce up and down in the air, or dart here and there like a dragon fly. There is no explanation for this strange light phenomenon.

SERIAL KILLER AND WEST COAST MAFIA DUMPING GROUND:
It is rumored that some bodies have been dumped at San Bruno Mountain by the West Coast Mafia and serial killers like David Joseph Carpenter aka the Trailside Killer and the notorious Zodiac Killer. San Bruno Mountain has many secluded areas for dumping and it would make a convenient location for killers. A hiker named Daniel Ford says that he once saw a shadowy figure moving what appeared to be a body wrapped up in plastic. As Daniel watched the image, the image started to fade away. Daniel believes he was witnessing residual haunting and the shadowy figure's face looked like the Trailside Killer.

SAN BRUNO PINT SIZE UFO:
Three high school kids from Oceana High School while camping, claim they saw a pint size UFO darting in and out of the trees. The UFO was one foot in length and one foot in width. The UFO seemed curious of the 3 boys and flew close to their face. The boys claim they could see small window portholes and what appeared to be tiny humanoids inside the craft. The UFO had a bluish glow to it and was in the shape of a disc.

So as you can see San Bruno Mountain has many stories, it's definitely a legendary mountain. Are the stories true? Perhaps, we should get a team of investigators and find out.

Next Drawing by Richard Vasseur. Concept by Paul Dale Roberts. Characters depicted: Linus from Peanuts waiting at his famous pumpkin patch. Waiting with Linus are: Steve Canyon; Dennis the Menace; Terry from Terry and the Pirates and Alley Oop. They all get a surprise visit from Pumpkin Head!

Alex Potter
to me

Thanks Paul, I've passed this along to the research team!

On Tue, Oct 17, 2023 at 6:13 PM Paul Roberts <jazmaonline@gmail.com> wrote:
(2) PARANORMAL SOUL BROTHER PRESENTS : ECLIPSE UFO LOG ! OCTOBER 14TH 2023 - YouTube

On October 14, 2023, Saturday. HPI (Halo Paranormal Investigations) and The Sanitarium Podcast had its HPI/The Sanitarium Annual UFO/Ghost Hunt. This is the footage that Xandean Smith, local Ufologist and Paul Dale Roberts, Fortean Investigator captured at this event in (Natomas) Sacramento, CA. UFOs are seen more often after a solar eclipse. There was one UAP, that we didn't capture, as it moved along the night sky and blinked out.

Best,

Paul Dale Roberts, HPI's Esoteric Detective
Halo Paranormal Investigations

(916) 203-7503
--
Alex Potter
Producer
Meetinghouse Productions, Inc.
609 Greenwich Street
New York, NY 10014

From: robin randall <robinrandallsongs@yahoo.com>
Sent: Wednesday, October 18, 2023 4:27 AM
To: dan@costaricantimes.com <dan@costaricantimes.com>
Subject: Paul Dale Roberts and the Niles Canyon Ghost Story

Hello Dan,

You do not know me, but I have been researching this ghost story my mother told me back in the 80s, and came across Paul Dale Roberts' story about the Niles Canyon Ghost. I am a songwriter and used to write with my mother, Judithe Randall till her death in 2002. I wanted to share her thoughts of discovering the story while working at KABL Radio station back in the late 50s. The story made the news and newspapers of a journalist who encountered the woman late for her wedding on the highway, picked her up and about her vanishing. I am attaching the story, lyrics and mp3. We wrote the song in the mid 80s,but never released till a couple years ago.

Please enjoy the the Niles Canyon Ghost song "Isobel"

Best,
Robin Randall

robin randall <robinrandallsongs@yahoo.com>
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Please enjoy the the Niles Canyon Ghost song "Isobel"

Best,
Robin Randall
Case # K323U893F6240

High Strangeness in 4 Places

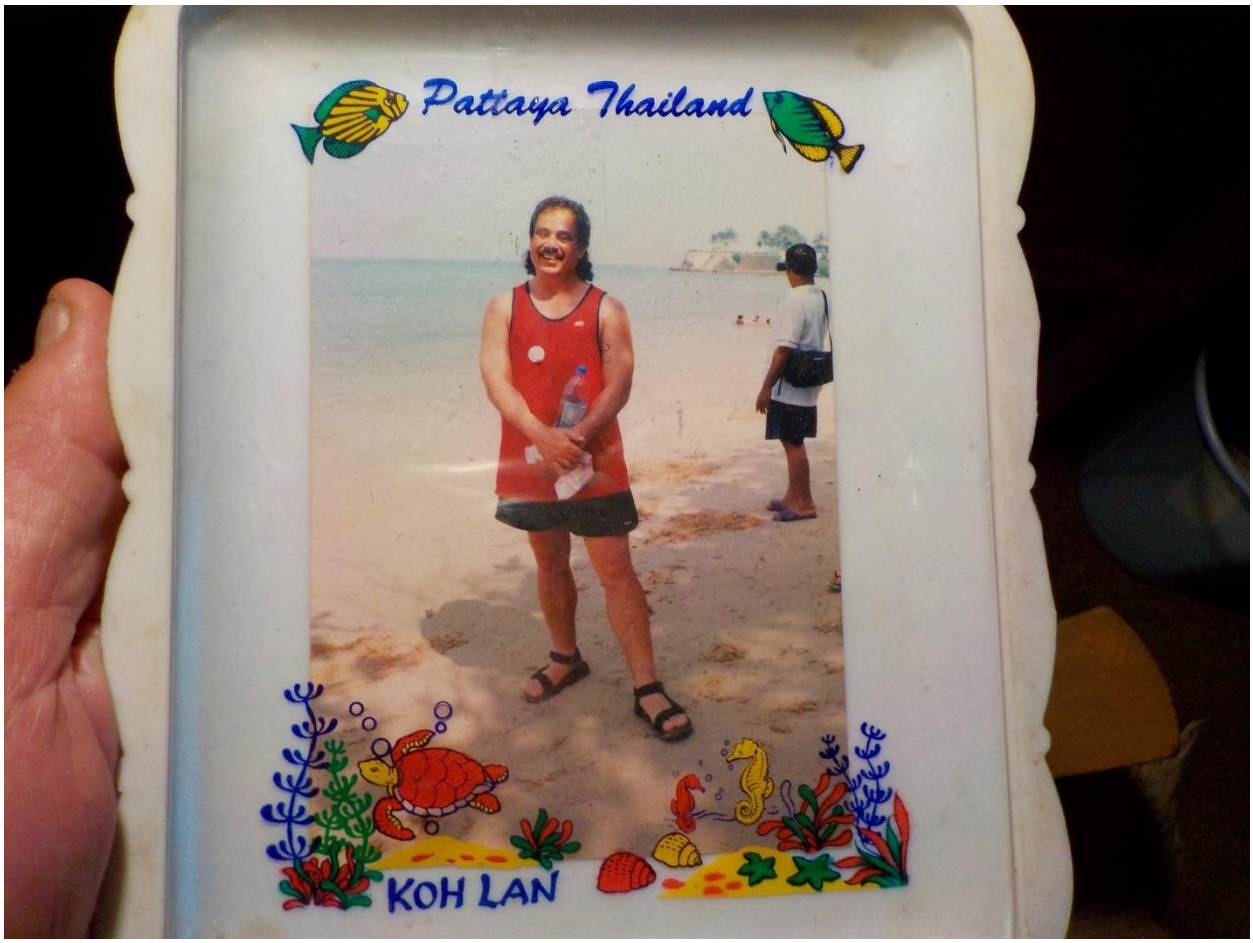
Paul Dale Roberts, HPI's Esoteric Detective
Sacramento Paranormal Investigations
Halo Paranormal Investigations
jazmaonline.boards.net/
Email: jazmaonline@gmail.com
Sacramento Paranormal Haunted Hotline: 916 203 7503

MY BOOKS:
www.lulu.com/spotlight/httpswwwlulucomspotlightjazmapika1

MY BIO:
jazmaonline.boards.net/thread/2495/paul-dale-roberts-biography-revised

PATTAYA (CORAL ISLAND) - THAILAND

When I went on my vacation to Thailand, I stayed in the city of Bangkok. Bangkok is such an exciting city, with the aroma of Thai food in the air, and the people are so friendly. I spent 7 days in Thailand, and the most thrilling part of the trip was doing the 3 Miracle Island Tour, in which I would be visiting by boat the following islands: Koh Sak (Sak Island); Koh Krok (Krok Island) and Koh Larn (Coral Island). Coral Island is the largest inhabited island near Pattaya. There are a few small hotels in the local village and around the island's main beaches. The Samae, Tien and Tawaen beaches have accommodations, while the Naul, Tonglang and Tayaiy beaches have at least 1 restaurant, personal watercraft rentals, and banana boat rides. When I got to Coral Island, I was determined to accomplish two things. Those two things were parasailing and investigating the Jomtien Palm Beach Hotel and Resort. Many guests at this hotel have experienced all kinds of paranormal activity, because on July 1997, a fire consumed part of this hotel, killing many guests. Ninety-one guests died from burns, asphyxiation, thermal trauma or jumping out of higher-level windows in an attempt to escape. The final fatality resulting from the fire was a 40-year-old woman who suffered serious burns and succumbed to a lung infection following a week-long coma. Among the victims were six Hungarians, three South Koreans and one Belgian as well as dozens of Thai hotel employees, conference attendees and tourists. After I checked off parasailing on my bucket list, I headed over to the hotel. Talking to a hotel clerk, I heard that many guests have heard disembodied screaming. One guest saw an apparition of a man hanging out by the window and then jumping. Ghostly sounds of running are heard in the hallways. The clerk explained to me that this hotel is the most haunted hotel in all of Thailand. The clerk explained to me that he has been pushed and grabbed by unseen forces. The clerk has seen ghostly apparitions running down hallways. During my impromptu investigation I felt extreme cold spots and at one point of time I felt extreme heat in one of the empty rooms. I believe that extreme heat that lasted for about 5 minutes, was the heat of the fire that killed 91 people. The clerk allowed me to walk around the hotel and check out empty rooms. When I finally walked out of the hotel, I felt relieved. There was too much negative energy in this hotel, and I can see why this hotel has received bad reviews by guests that unfortunately experienced some of the paranormal activity at this hotel.



GOLDEN GATE BRIDGE

The Golden Gate Bridge is a suspension bridge spanning the Golden Gate, the one-mile-wide strait connecting San Francisco Bay and the Pacific Ocean. The structure links San Francisco the northern tip of the San Francisco Peninsula and to Marin County. The Golden Gate Bridge is recognized by people all around the world and has been shown many times in various movies and TV shows. Motorists have seen ghostly apparitions of people standing along the bridge. The apparitions look like they are in deep thought and contemplating suicide. Since it was erected in 1937, more than 1700 people are estimated to have jumped off the Golden Gate Bridge. Just 25 are known to have survived, according to Robert Olson of The Centre for Suicide Prevention in Calgary, Canada. Motorists are able to tell that the apparitions are ghosts, because they are transparent according to David Stromgate of Foster City who says that on one night as he drove across the bridge, he saw an apparition of a woman in a blue dress standing along the edge. David said he was able to see right through her and then she just faded out, disappeared. I have personally driven on the Golden Gate Bridge many times and I have never seen any ghosts. But, there are many witnesses to these ghosts and with many witnesses, there must be some foundation of truth to the stories. Another story is that the crew of the USS Kennison saw in 1942, a ghost ship. That ghost ship was the Tennessee SS Streamer that in 1853 fell victim to the strong currents of the bay. With ghost ships and suicide ghost victims that are seen, I would say that the Golden Gate Bridge is very haunted.

TREASURE ISLAND/YERBA BUENA ISLAND/SAN FRANCISCO - OAKLAND BAY BRIDGE

A bridge that I hate driving on is the San Francisco - Oakland Bay Bridge. It seems that you have many fast drivers on t bridge. Raincoat Man is a ghost that haunts the bridge. Raincoat Man is seen after you emerge from the

Yerba Buena Island tunnel, near the third tower on the northwest side of the bridge. The story goes that his vehicle broke down in 1948. Raincoat Man ran out of gas on the bridge. As he was walking to a phone booth to call for a tow truck, he was hit by a car and killed. Raincoat Man now haunts the bridge. Commuters have seen Raincoat Man with their peripheral vision. He is usually dressed in a forties style fedora hat and raincoat. He is usually standing in the footpath. Another ghost story about the bridge is the story of The Bay Bridge Hitcher. Witnesses believe that The Bay Bridge Hitcher was a victim of the 1989 Loma Prieta earthquake. A 50-foot section of the upper deck of the eastern portion of the bridge collapsed onto the deck below. The Bay Bridge Hitcher is sometimes seen running next to a car and he is headless. Other stories are that people driving along the bridge will look in the backseat and see The Bay Bridge Hitcher just sitting there, until he finally vanishes.

As for Yerba Buena Island, people have seen the Phantom Cow. Yes, that's right a cow that walks about and then vanishes. I would call that a "Casper haunting", a very non-threatening presence, a ghostly cow. Now to Treasure Island. Treasure Island is an artificial island in the San Francisco Bay. Built in 1936–37 for the 1939 Golden Gate International Exposition, the island was named by Clyde Milner Vandeburg, part of the Fair's public relation team. The site is a California Historical Landmark. When HPI (Halo Paranormal Investigations) investigated Treasure Island, we captured an EVP of a man saying: "Leave me alone." Another EVP was the voice of the same man saying "Keep walking". Apparently, this ghost did not want to be bothered. At Treasure Island, the ghost of the Baby Carriage Lady is sometimes seen. It's a lady pushing a baby carriage and she is seen crossing street, oblivious of her surroundings, then she fades away. Another ghost that is seen on Treasure Island is the ghost of a man in an executioner's hood. Floyd Lambert of San Mateo actually encountered this ghost. He said this ghost was peeking around the corner of a building and then vanished. Floyd believes he saw the ghost of the San Francisco Zodiac.

PULAU UBIN - SINGAPORE

When my brother Andy Somprise Soyo visited Singapore, he had some ghost stories to tell me about this area of the world. Andy says that the ghost of a woman named Poon Sai Im is seen walking around Pulau Ubin crying. Poon Sai Im was a murder victim. On 22 April 1972, Poon Sai Im, a 58-year-old provisions shop owner who lived in Pulau Ubin, Singapore, was ambushed by two men, who had gone from the mainland to the island to rob her of money, cigarettes and gold items. When one of Poon's attackers went into the room to look for valuables, the other attacker, 19-year-old Mohamed Yasin bin Hussin, alias Rosli, took upon himself to physically assault the victim and while doing so caused the elderly victim to die from fatal rib fractures (caused by Yasin sitting on top of her). Both men were eventually arrested nine months after the case and tried for murder. Poon has been seen many times by villagers and they say she looks very sad. They will hear her ghostly cries and at times will hear her ghostly screams. Pulau Ubin is a very beautiful place according to my brother Andy. Since the British founding of Singapore, the island has been known for its granite. The numerous granite quarries on the island supply the local construction industry. Villagers claim that they hear the pounding of rocks late at night. The villagers say that the Granite Tommyknockers haunt the granite quarries and to this day, still pound on the granite with their sledgehammers. During the Japanese invasion of Malaya and Singapore in WW2, the island was captured and occupied by the Imperial Japanese army on the night of 7th February 1942, as a diversionary attack on Singapore. A few Japanese soldiers were killed and wounded in the conquest of the island by a few soldiers and natives who put up a fight. The Japanese created havoc on the island and executed and wounded many locals on the island. Villagers still see ghostly apparitions of the Imperial Japanese Army haunting Pulau Ubin. They also hear disembodied screams in the night. The residual haunting of the Japanese soldiers killing their citizens resonates in the atmosphere. Special Note: Granite contains crystals. Crystals are known to absorb energy. Is it possible that the crystals in the granite recorded the events of the Imperial Japanese Army? And those events play out over and over, like a recording. Residual energy from the crystals embedded

In the granite rocks.

<u>THE COVER EXPLAINED:</u>

The cover is by artist William Carlisle. It depicts The Demon Warrior aka Paul Dale Roberts with Maxwell Smart of the TV show “Get Smart”. Maxwell is talking into his phone shoe and The Demon Warrior is trying to listen in.

SKY DANCE / SKY DIVING
If you ever have a chance and always fantasized about Sky Diving, well, here is your chance. I did my first and only sky dive with this company. I enjoyed it as I jumped out of a plane, went through some Cumulus clouds and landed safely on the ground. Here is my certificate to prove it!

KANCHANABURI
ที่ระลึกแม่น้ำแคว
Riverkwai Kanchanaburi